

Sprintec

Generic Name - ethinyl estradiol and norgestimate

Brand Name – Estarylla, Femynor, Mono-Linyah, Mononessa, Ortho Tri-Cyclen, Previfem, Sprintec, Tri-Lo-Marzia, TriNessa

Dx – Polycystic Ovarian Syndrome (PCOS)

General Category – Hormonal Therapy, combination hormone medication containing progestin and estrogen.

Effect- Sprintec works by preventing the release of an egg (ovulation) during the menstrual cycle by regulating hormones. By controlling the hormonal levels Sprintec may make periods more regular, decrease blood loss and pain during a period, decrease the risk of ovarian cysts, and treat acne.

Side Effects- Nausea, vomiting, headache, bloating, breast tenderness, vaginal bleeding, swelling of the ankles/feet (fluid retention), weight change may occur.

This medication may raise Blood Pressure, check regularly and tell your doctor if your results are high.

This medication may cause serious problems, sometimes fatal from blood clots. **Call your doctor right away if you have..**

- Chest/jaw/left arm pain
- Confusion
- Sudden dizziness
- Pain/swelling/warmth in the grain or calf
- Sudden shortness of breath
- Unusual headaches

Indications- Sprintec may be indicated for those Dx with PCOS and whose doctor has evaluated any risk factors

Contraindications- Do not take Sprintec if

- Uncontrolled high blood pressure
- Heart disease
- Coronary artery disease
- Smokers over 35 years old
- Cancer of the breast, uterus/cervix, or vagina

Sprintec Uses, Side Effects & Warnings - Drugs.com. Drugs.com. (2020). Retrieved 5 October 2020, from <https://www.drugs.com/mtm/sprintec.html>.

Drugs & Medications. Webmd.com. (2020). Retrieved 5 October 2020, from <https://www.webmd.com/drugs/2/drug-78136/tri-sprintec-28-oral/details>.

Amlodipine

Generic name - Amlodipine

Brand names – Katerzia, Norvasc

Dx – High Blood Pressure

General Category - Calcium Channel Blocker

Effect- Amlodipine dilates or widens blood vessels and improves blood flow, by slowing the movement of calcium in to the heart.

Side Effects – dizziness, drowsiness, feeling tired, stomach pain, nausea, flushing (warmth, redness, or tingly feeling)

Call your Doctor at once if you have

- Pounding heartbeats or fluttering in your chest
- Worsening chest pain
- Swelling in your feet or ankles
- Server drowsiness
- Feeling lightheaded

Indications – Amlodipine is used to treat angina (chest pain), conditions caused by coronary artery disease, high blood pressure (hypertension).

Contraindications – May be contraindicated for those who have or have had

- Liver Disease
- Aortic Stenosis
- Pregnant or nursing
- Those under 6 years old

Amlodipine: Drug Uses, Side Effects & Dosage - Drugs.com. Drugs.com. (2020). Retrieved 5 October 2020, from <https://www.drugs.com/amlodipine.html>.

Michelle Babcock
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Lisinopril

Generic Name – Lisinopril

Brand Name- Prinivil, Qbrelis, Zestril

Dx – High Blood Pressure

General Category – ACE (angiotensin converting enzyme) inhibitor

Effect – relaxes blood vessels so blood may flow more easily by blocking the production of angiotensin II, a substance that narrows blood vessels. It also increases the production of bradykinin another substance that makes blood vessels dilate.

Side Effect – Dizziness, lightheadedness, tiredness, dry cough, or headache as the body adjust to the medication.

Tell your doctor right away if

- Fainting
- Symptoms of high potassium blood level (muscle weakness, slow/irregular heartbeat)

Indications – Lisinopril is used to treat high blood pressure, heart failure, and to improve survival after a heart attack.

Contraindication – Check with your doctor to see if lisinopril is safe for you if you have kidney disease (or are on dialysis), liver disease, or high levels of potassium in your blood.

Do not use if you are pregnant or nursing.

Those under 6 years old.

Certain medications may interfere with lisinopril check with your doctor or pharmacist for any detrimental interactions.

Lisinopril: Uses, Dosage, Side Effects & Warnings - Drugs.com. Drugs.com. (2020). Retrieved 5 October 2020, from <https://www.drugs.com/lisinopril.html>.

Omeprazole

Generic Names – Omeprazole

Brand Names – Prilosec, Prilosec OTC, Zegerid

Dx- Acid reflux (heartburn)

General Category- Proton pump inhibitor

Effect- Omeprazole decreases the amount of acid produced in the stomach, this helps to relieve heartburn symptoms and help heal acid damage to the stomach and esophagus, help prevent ulcers, and it may help prevent cancer of the esophagus.

Side Effects – Stomach pain, gas, nausea, vomiting, diarrhea, headache

Get medical help if you have

- Heartburn with light-headness/sweating/ dizziness
- Chest/jaw/arm/shoulder pain (especially with shortness of breath, unusual sweating)
- Unexplained weight loss

Indications – This medication is used to treat certain stomach and esophagus problems such as acid reflux and ulcers. I can help to relieve symptoms such as heartburn, difficulty swallowing, and a persistent cough.

Contraindications – ask your doctor or pharmacist if it is safe if

- Trouble or pain swallowing
- Bloody or black stool
- Heartburn lasting more than 3 months
- Frequent chest pain
- Unexplained weight loss
- Nausea or vomiting, stomach pain
- Liver disease
- Low levels of magnesium in your blood
- Osteoporosis or low bone mineral density

Omeprazole: Uses, Side Effects & Dosage Guide - Drugs.com. Drugs.com. (2020). Retrieved 5 October 2020, from <https://www.drugs.com/omeprazole.html>.

Viagra

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Generic Name - Sildenafil

Brand Name – Revatio, Viagra

Dx – ED (erectile dysfunction) Viagra, Revatio is used to treat pulmonary arterial hypertension and improve exercise capacity in men and women.

General Category – Phosphodiesterase (PDE) inhibitors

Effect – Viagra relaxes the walls of blood vessels and increases blood flow to particular areas of the body.

Side Effects – Flushing (warmth, redness, or tingly feeling), headache, dizziness, abnormal vision (blurred vision, changes in color vision), runny or stuffy nose, nosebleeds, sleep problems (insomnia), muscle pain, back pain or upset stomach.

Stop taking and get emergency medical help if you have.....

- Heart attack symptoms -chest pain or pressure, pain spreading to your jaw or shoulder, nausea, sweating
- Vision changes or sudden vision loss
- Painful or long-lasting erection (longer than 4 hours)

Indications – Viagra is used to treat Erectile Dysfunction (impotence) in men. Revatio is used to treat pulmonary arterial hypertension and improve exercise capacity in men and women

Contraindications – Do not take Viagra if you

- Take other medications to treat pulmonary arterial hypertension
- Take nitrates

Make sure Viagra is safe for you, tell your doctor if you have/had..

- Heart disease or heart rhythm problems, coronary artery disease
- Heart attack, stroke, or congestive heart failure
- High or low blood pressure
- Liver or kidney disease
- Blood disorders (sickle cell anemia, multiple myeloma, or leukemia)
- Retinitis pigmentosa (inherited eye condition)
- Peyronie’s disease (penial deformity)

Viagra: Uses, Dosage & Side Effects Information - Drugs.com. Drugs.com. (2020). Retrieved 6 October 2020, from <https://www.drugs.com/viagra.html>.

Drugs, H. (2020). *Sildenafil: MedlinePlus Drug Information.* Medlineplus.gov. Retrieved 6 October 2020, from <https://medlineplus.gov/druginfo/meds/a699015.html#:~:text=Sildenafil%20is%20in%20a%20class,the%20penis%20during%20sexual%20stimulation.>